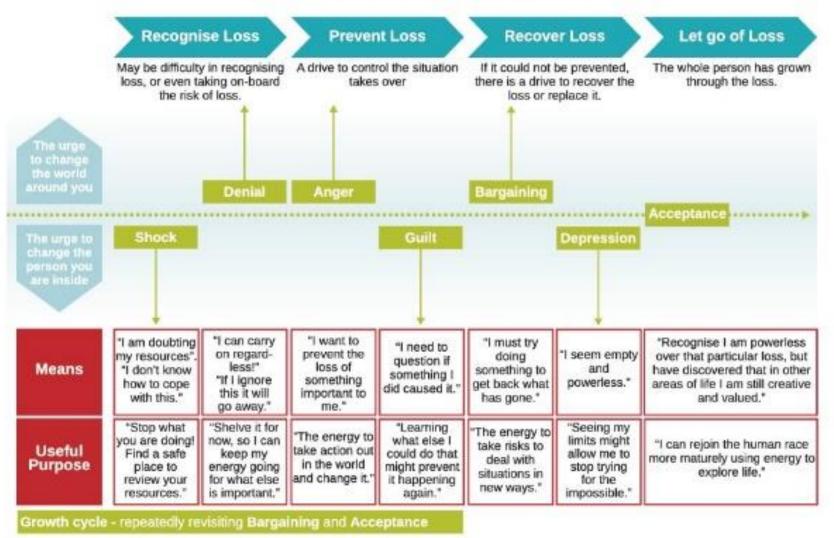
Turning Points as you Adjust to Change



Health and Self-Care, Thanks to Alex Aylward with Acknowledgment to Emotional Logic Centre".